







*SY 24/25 FOODSERVICE GUIDE* 



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# **Zee Zees**<sup>®</sup> Better-for-you snacks

#### With Zee Zees, it's z'all good.

- Fun, kid friendly packaging encourages student participation
- Variety of meal contributions to fit your menus
- Wide selection of items for breakfast, lunch, snack, summer and supper programs



For more information visit zeezees.com/k12

### **Who Is National Food Group?**

National Food Group is the parent company that brings you Zee Zees. Since 1990, we've been providing healthy, convenient and customized food service solutions for a variety of industries. Leveraging our team's expert understanding of the nutritional requirements in today's menus, we are dedicated to developing delicious and innovative products that meet your needs.



For more information visit national foodgroup.com



#### **K12 Focused**

Zee Zees was founded with school foodservice in mind, to provide allergen-friendly, better-for-you snacks for kids that easily fit into school meal requirements, and increase participation with fun flavors and colorful packaging.

We start with the needs of our KI2 customers and nutrition standards in the early stages of innovation. This is unlike other manufacturers who start with retail first and work backward to fit within USDA regulations. We love collaborating with our customers and the child nutrition pros on staff to stay relevant in the industry.

#### **We Focus On What Matters To You**

- Nut-free, kosher, allergen-friendly no problem!
- On budget with great distribution & commodity options
- Portions developed to fulfill meal components
- Student testing & branded promotional materials available

#### **Zee Zees Takes Allergies Seriously**

We know it's hard to find allergen-friendly snacks or special diet foods — especially snacks that taste good! Zee Zees snacks are always peanut and tree nut-free, with lots of top 9 allergy free items and options to fit many special diets, like sesame free, soy free, dairy free, vegan, gluten-free and more.

#### **Search No Further!**

We pride ourselves in offering allergen-friendly products that students will rave about.



Download the Zee Zees Allergen Index zeezees.com/allergen



# Wholesome Ingredients & On-Trend Flavors

Zee Zees® are packed with wholesome ingredients that provide nourishment for the students you serve daily. Looking for whole grain bars, power-packed plant protein snacks, or options with low sodium and no sugar added? We can do that and then some! Zee Zees are made with better-for-you ingredients and offer a variety of ontrend flavors that are sure to excite everyone's taste buds.

## **Thoughtfully Innovated**

We've mixed student taste tests, market research and over thirty years of KI2 nutritional experience. In doing so, we've stirred up thoughtfully innovative menu items that are on trend and just plain fun.

# Save Labor, Eliminate Waste & Promote Food Safety

Zee Zees individually wrapped snacks help you save labor costs and promote food safety, making a great addition to grab-and-go and contactless meals. Plus, our snacks are shelf-stable, saving you valuable freezer and refrigerator space and eliminating food waste.



## Free Zeesources For Your Cafeteria

Looking for a way to share more about the Zee Zees in your cafeterias? Look no further! These digital Zeesources are free printable downloads that you can share to help build brand awareness and make healthy school food fun.

#### **Free Printable Downloads**

- Seasonal & holiday themed items
- Coloring sheets & posters
- Editable calendar templates
- Arts, crafts & Social media graphics
- Tasting kits event materials
- Videos resources

Increase participation in the lunch line by engaging students in celebrating special events and holidays with Zee Zees characters and related menu items. Kids see the characters in the cafeteria, and then have the opportunity to add the Zee Zees to their meal or snack.



Check back often for upcoming resources.

For more information, visit zeezees.com/zeesources









# **Meet Our Cast Of Characters**

What's more exciting than adding Zee Zees to your meal programs? Adding our NEW updated packaging to your menus. We've done our homework to provide a fresh new look that will help drive participation and get your students excited about Zee Zees better-for-you snacks all over again!













We've focused our Zee Zees family around what matters most — meeting meal contributions and making healthy food fun! Look for our favorite characters to illustrate a whole line of items, instead of individual flavors. Ozzy takes a special role — you'll find him on items that meet multiple meal components in the multi-category.



Product availability and nutritional data subject to change without notice. Contact your sales representative for the most current product information.

## Everything, All In One Place

To help you make informed decisions regarding the food you serve, we have compiled this quick reference guide for our Zee Zees line of food items. Nutritional data includes:

- Product benefits
- Item numbers and commodity codes (if applicable)
- Case pack size
- Meal contribution
- · Calories, sodium & carbohydrates

#### **Meal Contributions At A Glance**

Looking for a specific meal pattern? The chart to the left gives a quick break down of what meal component our Zee Zees meet for your menu planning needs.





## **NEW! Applesauce Cups**

Often imitated but never duplicated, our beloved assortment of fun flavors has been re-imagined to comply with the USDA's new regulations on added sugars. We've reformulated and streamlined our offerings to make it easier than ever to confidently provide healthier options for your students. Each of our daringly delicious flavors contains 100% of the daily value of Vitamin C and are free of the top 9 allergens.

#### **Benefits & Features**

- Meets 1/2 cup FRT requirement
- Shelf stable
- Naturally gluten-free, kosher, vegan & 100% daily Vitamin C
- Buy American & Smart Snack compliant
- Easy addition at meals, snack programs, summer & emergency feeding
- · Commodity options available

#### **No Added Sugar**

Our beloved applesauce line has been reformulated to remove any added sugar – at all! Just the sweetness of apples as mother nature intended. You'll see a new symbol on our lids sharing our ongoing commitment to helping kids make heathier choices. As us if you'd like more information..

#### **No Added Sugar Applesauce Cups**

item #	Commodity Code	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
A3600	110149	Banana - NEW	96/4.5 oz	I/2c FRT	50	0mg	l5g
A3800UN	110149	Birthday Cake	96/4.5 oz	I/2c FRT	60	0mg	14g
AI525UN	110149	Cherry	96/4.5 oz	I/2c FRT	60	0mg	16g
A1410	110149	Cinnamon	96/4.5 oz	I/2cFRT	50	0mg	14g
A3810	110149	Mango Peach	96/4.5 oz	I/2c FRT	60	0mg	I5g
A3500	110149	Original	96/4.5 oz	I/2c FRT	50	0mg	14g
AI555	110149	Peach	96/4.5 oz	I/2c FRT	60	0mg	14g
A3610	110149	Pink Lemonade - NEW	96/4.5 oz	I/2c FRT	50	0mg	14g
A3530UN	110149	Rock'n Blue Raspberry	96/4.5 oz	I/2c FRT	60	0mg	I5g
A1490	110149	Strawberry	96/4.5 oz	I/2c FRT	50	0mg	14g
A3700	110149	Strawberry Banana	96/4.5 oz	I/2c FRT	50	0mg	14g
A3510UN	110149	Wild Watermelon	96/4.5 oz	I/2c FRT	60	0mg	14g



## **Fruit Cups**

Looking for variety in your fruit servings? Our shelfstable fruit cups are a perfect way to expand your menus. Packaged in convenient, kid-friendly cups, we are sure to have something for even the pickiest palates.

#### **Benefits & Features**

- Meets 1/2 cup or more FRT requirement
- Shelf stable
- Naturally gluten free, kosher, vegan, & 100% daily Vitamin C
- Buy American & Smart Snack compliant
- Whole fruit pieces packed in 100% juice
- Perfect with Bento boxes, salads, yogurt or granola bowls
- Made In USA options
- · Commodity options available

#### **Fruit Cups**

Item#	Commodity Code	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
1700	110149	Apples	72/4.5 oz	I/2 Cup FRT	90	10mg	22g
1750	110149	Cinnamon Apples	72/4.5 oz	I/2 Cup FRT	90	10mg	22g
AI760	110149	Four Fruit	72/4.5 oz	3/4 Cup FRT	80	0mg	19g
1765	100212	Harvest Mixed	72/4.5 oz	I/2 Cup FRT	80	0mg	19g
605376		Mandarin Oranges	72/4.5 oz	I/2 Cup FRT	70	2mg	17g
1740	100220	Peach	72/4.5 oz	I/2 Cup FRT	70	10mg	18g
1785	100220	Peach Cobbler - NEW	72/4.5 oz	I/2 Cup FRT	90	15mg	2lg
1780	100225	Pear	72/4.5 oz	I/2 Cup FRT	70	5mg	19g
1800	100225	Aloha Pear - NEW	72/4.5 oz	I/2 Cup FRT	80	5mg	2lg
607059		Pineapple Tidbits	72/4.5 oz	I/2 Cup FRT	70	4mg	16g
608770		Tropical Mixed Fruit - NEW	72/4.5 oz	I/2 Cup FRT	80	0mg	20g



## **Dried Fruit**

Yes, that's right – our dried fruit options meet a I/2 cup fruit per serving. Swap perishable fresh fruit for our easy to eat, shelf-stable dried fruit in convenient new pouches.

#### **Benefits & Features**

- Meets 1/2 cup FRT requirement
- Shelf stable
- Nut-free product
- Naturally gluten-free, kosher & vegan
- Add as a side with salad bars, yogurt, or oatmeal

#### **Mixzees, Raisins & Pineapple**

Portable, with all the nutrients of whole dried fruit

- Meets 1/2 cup FRT requirement
- Smart snack compliant options available

#### **Sour Raisins**

A fun, new fruit taste experience ideal for build-your-own meals and concessions

- Meets 1/2 cup FRT requirement
- A new twist on student favorite flavors Rock'n Blue Raspberry & Strawberry

#### **Dried Fruit**

item #	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
623283	Chili Lime Mango - NEW	120/1.33 oz	I/2 Cup FRT	130	85mg	33g
A620935	Mixzees®	120/1.33 oz	I/2 Cup FRT	120	25mg	3lg
A62II69	Raisins	120/1.33 oz	I/2 Cup FRT	110	0mg	29g
622242	Pineapple	120/1.45 oz	I/2 Cup FRT	140	95mg	35g
621355	Rock'n Blue Raspberry Sour Raisins	120/I.45 oz	I/2 Cup FRT	130	10mg	3lg
621354	Strawberry Sour Raisins	120/I.45 oz	I/2 Cup FRT	130	10mg	30g





## Life's Better With Snacks



## **Soft Baked Bars**

These wholesome, convenient, soft baked bars come in a variety of delicious flavors and 2 handy portion sizes. Great for grab-and-go, our bars are individually wrapped in kidfriendly packaging to help increase participation and make nutritious food fun.

#### **Benefits & Features**

- 1 & 2 GRN options available
- Shelf stable
- Nut-free product
- · Whole grain, non-GMO & kosher
- · Vegan & dairy free options
- · Individually portioned for easy serving & eating
- Pair with our new no-nut butter or hummus & bean dipz™ on school menus, snack programs or emergency meals

#### **2 Grain Options**

#### 2.2 oz bars are filling and fun at the same time

- Meets 2 GRN requirement
- Buy American & Smart Snack entrée compliant

#### **1 Grain Options**

#### 1.3 oz, 1.5 oz or 1.8 oz bars complement any meal

- Meets I GRN requirement
- Buy American & Smart Snack compliant

#### **Soft Baked Bars - 2 GRN Options**

item #	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
D60260	Berry Apple Crisp	135/2.2 oz	2 GRN	250	80mg	4lg
D60500	Birthday Cake	135/2.2 oz	2 GRN	250	75mg	4lg
D60490	Blueberry Lemon	135/2.2 oz	2 GRN	260	75mg	4lg
D60480	Campfire S'mores	135/2.2 oz	2 GRN	250	80mg	42g
D60430	Cinnamon Crisp	135/2.2 oz	2 GRN	250	80mg	39g
D60470	Strawberry Crisp	135/2.2 oz	2 GRN	250	75mg	4lg

#### **Soft Baked Bars - 1 GRN Options**

item #	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
D60265	Berry Apple Crisp	175/1.3 oz	1 GRN	150	50mg	24g
D60505	Birthday Cake	175/1.3 oz	1 GRN	150	45mg	24g
D60495	Blueberry Lemon	175/1.3 oz	I GRN	150	45mg	24g
D60485	Campfire S'mores	175/1.3 oz	1 GRN	150	50mg	24g
D60460	Ginnamon Grisp	175/1.3 oz	1 GRN	150	50mg	24g
623481	Cocoa - NEW	160/1.5 oz	I GRN	170	35mg	29g
Z100	Cocoa Cherry	160/1.8 oz	I GRN	200	40mg	33g
D60475	Strawberry Crisp	175/1.3 oz	I GRN	150	45mg	24g



## Give 'em Fun Snacks



## **Graham Crackers** & Crackers

#### **Benefits & Features**

- 1 & 2 GRN options available
- Shelf stable
- Nut-free product
- Whole grain, kosher & vegetarian
- Buy American & Smart Snack compliant

#### **Graham Crackers**

Who knew a whole grain smart snack could taste as good as a cookie and still be so cute? Zee Zees Graham Crackers are just waiting to get added to your menus. Great for dipping, too!

#### **Benefits & Features**

Meets I GRN requirement

#### **Crackers**

When we say "WHEAT," you say "CRACKERS"! "WHEAT," "CRACKERS," "WHEAT," "CRACKERS." That's how excited we are about these wheat crackers – whole wheat and a delicious snack to pair with cheese slices, dips, or no-nut butter.

#### **Benefits & Features**

• 1 & 2 GRN options available

#### **Graham Crackers**

item #	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
610688	Birthday Cake	200/I oz	I GRN	120	50mg	2lg
614680	French Toast	200/I oz	I GRN	120	80mg	2lg
609144	Original	200/I oz	I GRN	130	55mg	2lg
610687	Strawberry	200/I oz	I GRN	120	55mg	2lg

#### **Crackers**

item #	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
622951	Ranch	300/0.8 oz	1 GRN	90	200mg	15g
614888	Wheat	300/0.8 oz	1 GRN	90	125mg	15g
624101	Wheat - NEW	150/1.5 oz	2 GRN	170	240mg	28g



## **Half-Popped Popcorn**

Move over popcorn, there's a new kernel in town: Half-Popped Popcorn! This munchable snack is made by soaking the corn kernels before cooking them to crunchy perfection. Fulfilling your GRN meal contribution and revolutionizing snack time was never this easy.

#### **Benefits & Features**

- Meets 1 GRN requirement
- Shelf stable
- Nut-free product
- Naturally gluten-free, non-GMO, whole grain, kosher & vegan
- Unique gluten-free grain option
- Make your salad bar "pop" or pair with our dried fruit for a student DIY combo mix

#### **Half-Popped Popcorn**

item #	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
622288	Cocoa Churro	120/1.28 oz	1 GRN	200	10mg	22g
622287	Salsa	120/1.28 oz	I GRN	200	150mg	2lg
622286	Sea Salt	120/1.28 oz	I GRN	200	200mg	2lg



## **Sunflower Kernels**

There's not a seed of doubt that our Sunflower Kernels are both a deliciously portable protein that's great for on-the-go adventures and a terrific source of vitamins and minerals. These individually packaged power-ups will become a household favorite in no time!

#### **Benefits & Features**

- Meets I M/MA requirement
- Convenient shelf-stable protein
- · Nut-free & sesame-free product
- Naturally gluten-free, kosher & vegan options available
- Buy American & Smart Snack compliant
- At least II% DV of fiber & I2% DV protein in I serving
- Students can grab with a wrap or salad and create extra crunch at their table.

#### **Sunflower Kernels**

item #	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
C88090	Honey Roasted	250/I.2 oz	I M/MA	190	65mg	llg
C87860	Roasted	250/I.2 oz	I M/MA	200	135mg	8g
C89000	Spicy	250/I.2 oz	I M/MA	190	180mg	8g





## **Elevate** School Meals

## **NEW! Shelf-Stable Yogurt**

Zee Zees new Shelf-Stable Yogurt serves up a spoonful of happiness in every bite! These 4-ounce yogurt cups are a creamy taste sensation. They are kosher dairy, gluten, and nut-free and utterly void of artificial flavors or colors. Best of all, they are shelf-stable for up to 12 months and do not require refrigeration until opened, making for a convenient and easy-to-stock snack. Turn your students into superheroes with our latest dairy sensation.

#### **Benefits & Features**

- Meets I M/MA requirement
- · Shelf-stable for up to one year
- Nut-free product
- No artificial colors, flavors or sweeteners
- · Kosher dairy & gluten-free
- CACFP compliant
- Create a Smart Snack for Entrée option when paired with our roasted chickpeas and fruit.

#### **Shelf-Stable Yogurt**

Item#	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
623378	Strawberry - NEW	48/4 oz	1 M/MA	130	45mg	2lg
623376	Vanilla - NEW	48/4 oz	I M/MA	130	45mg	2lg



## **NEW! No-Nut Butter**

Free of the top nine allergens, our rich and velvety Zee Zees Creamy No-Nut Butter is a school-safe alternative to traditional nut butter. This thick yet smooth shelfstable spread is made with sunflower butter and chickpea flour for a satisfying taste. Spread joy, not nuts, with this delectable treat, and feel comfortable using it in school meal programs and on various field trips. It's "nuttin" but smooth sailing ahead!

#### **Benefits & Features**

- Meets I M/MA requirement
- Shelf-stable for up to two years
- Nut-free product
- Naturally gluten-free, non-GMO, kosher & vegan
- Smart Snack compliant
- · Convenient, easy-to-use pouch
- Pair with our graham crackers or crackers.

item#	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
623281	Creamy - Coming Soon	200/I.I oz	I M/MA	140	95mg	llg
623282	Cinnamon Toast - NEW	200/I.I oz	I M/MA	140	95mg	llg



## **Roasted Chickpeas**

Zee Zees Roasted Chickpeas are the plant-based snack with the crunch you've been waiting for. Packed with protein and fiber, these are a great snack to fuel up for your day, and make a flavorful addition to any meal. When you're on empty, you know to grab one of our tasty Roasted Chickpeas!

#### **Benefits & Features**

- Meets 1 M/MA or 1/4 cup VEG (legume) requirement
- Convenient shelf-stable protein
- · Nut-free & sesame-free product
- Naturally gluten-free, non-GMO, low sodium, kosher & vegan
- Buy American & Smart Snack compliant
- At least 14% DV of fiber & 10% DV protein in I serving
- Add as a side to rice bowls or salad bars.

#### **Roasted Chickpeas**

item #	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
617613	Chili Lime	250/0.75 oz	I M/MA or I/4c VEG	100	I20mg	I2g
621356	Kettle Corn	250/0.75 oz	I M/MA or I/4c VEG	90	II0mg	l3g
617612	Ranch	250/0.75 oz	I M/MA or I/4c VEG	100	75mg	I2g
617611	Sea Salt	250/0.75 oz	I M/MA or I/4c VEG	90	140mg	14g



## **Fava Bean Crisps**

Crunch! Chomp! Munch! Fava Beans are the superheroes of the snack universe. They're a plant-based superfood, swooping in to save the day with nutrient dense legumes that are oh-so-crunchable. These protein power-ups give students the energy they need to take the world by storm!

#### **Benefits & Features**

- Meets 2 M/MA or 1/2 cup VEG (legume) requirement
- Convenient shelf-stable protein
- Nut-free & sesame-free product
- Naturally gluten free, non-GMO, kosher & vegan
- Buy American & Smart Snack compliant
- Exciting new addition to snack programs, meals & summer feeding & emergency meals.

#### **Fava Bean Crisps**

Item#	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
622355	Buffalo Ranch	175/1.5 oz	2 M/MA or I/2c VEG	190	380mg	22g
622356	Churro	175/1.5 oz	2 M/MA or I/2c VEG	190	30mg	24g
622354	Pizza	175/1.5 oz	2 M/MA or I/2c VEG	190	300mg	23g





Allergen Friendly

## **Dipz™ & Spreads**

Our sesame-free Dipz and Spreads are hard to beat when it comes to delicious, nutritious, shelf-stable, vegetarian proteins for your menus. Dip in your favorite snack, or use it as a spread. These little cups give your meals that extra oomph.

#### **Benefits & Features**

- Multiple M/MA or Veg options available
- Convenient shelf-stable protein
- · Nut-free & sesame-free product
- Naturally gluten free, kosher & vegetarian
- Smart Snack compliant
- · Pair with our crackers or with a dippable wrap.
- At least 14% DV of fiber & 10% DV protein in I serving
- Commodity options available

#### **Hummus**

- 3 oz 1-1/2 M/MA or 3/8 cup VEG (legume) requirement
- 4.5 oz 2-1/4 M/MA or 5/8 cup VEG (legume) requirement

#### **Bean Dipz**

- 3 oz 1-1/4 M/MA or 3/8 cup VEG (legume) requirement
- 4.5 oz 2 M/MA or 1/2 cup VEG (legume) requirement

#### Hummus

item #	Commodity Code	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
A5000	100360	Original Hummus 3 oz	120/3 oz	11/2 M/MA or 3/8c VEG	110	100mg	18g
A5050	100360	Original Hummus 4.5 oz	96/4.5 oz	2 I/4 M/MA or 5/8c VEG	170	I50mg	27g
A5100	100360	Red Pepper Hummus 3 oz	120/3 oz	11/2 M/MA or 3/8c VEG	110	100mg	18g
A5150	100360	Red Pepper Hummus 4.5 oz	96/4.5 oz	2 I/4 M/MA or 5/8c VEG	170	I50mg	27g
A5200	100360	Taco Hummus 3 oz	120/3 oz	11/2 M/MA or 3/8c VEG	120	180mg	18g
A5250	100360	Taco Hummus 4.5 oz	96/4.5 oz	2 1/4 M/MA or 5/8c VEG	180	270mg	27g

#### Bean Dipz™

Item#	Commodity Code	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
A5700	100365	Original Bean Dipz 3 oz	120/3 oz	1 I/4 M/MA or 3/8c VEG	80	190mg	l2g
A5750	100365	Original Bean Dipz 4.5 oz	96/4.5 oz	2 M/MA or I/2c VEG	120	290mg	19g



## **Trail Mix**

Crunchy, chewy, sweet, and savory – Zee Zees Snack Mixes know how to mix it up with the perfect balance of tasty flavors students love. Fitting multiple meal contributions and always nut-free, our Trail Mixes are a smart choice for your school menus, after-school snacks, and athletic programs.

#### **Benefits & Features**

- Meets I M/MA & I/2 cup FRT requirement
- Convenient shelf-stable protein
- · Nut-free & sesame-free product
- Naturally gluten free, non-GMO, kosher & vegetarian
- Buy American compliant
- · Individually portioned for easy serving & eating
- Perfect meal pairing with bento boxes & salad toppers

#### **Trail Mix**

Item#	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
620620	Honey Cran	150/2.16 oz	I M/MA & I/2c FRT	270	55mg	36g
619728	Sweet Heat	150/2.27 oz	I M/MA & I/2c FRT	280	200mg	37g



